Be Medicine Safe!

Take an ACTive Role in Your Health Care

Tips and Resources for Medication Safety

ASK
• About your medicines – how and when to take them, possible side effects and drug interactions

CHECK
• To make sure that the medicine you receive is what you thought your doctor or other healthcare professional ordered

TELL
• Your doctor or other healthcare professionals about ALL the medicines you take and about any concerns you have about your medicines or your health

Resources Available to Help You!

• My Medicine List
  Use this form to keep track of your medicines and to communicate with your doctor and pharmacist.

• What You Need to Know about Your Medicine: Tips for Medication Safety
  Read this brochure to learn about things you can do at home, in the hospital, at the drugstore, and at the doctor’s office to help you stay safe.